



HEATH FIELDS PRIMARY SCHOOL

Inspire Achieve Celebrate

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Headteacher Mr Mark Whyman

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Sun Safety

As we are experiencing some warm weather and strong sunshine. Some of our children are not equipped for this and we are concerned that they might get sun burn. To help keep your child safe in the sun would you please ensure your child has the following when outside at playtimes and during PE lessons.

- Sun hat
- Water bottle
- Sun cream – if this can't be applied at home.

Ideally sun cream should be applied before school. Young children in particular find it difficult to correctly apply sun cream and school staff are not permitted to do it for them.

As a health promoting school, children should only bring water to drink throughout the day. Please do not send in water bottles containing juice. Thank you.

It is also worth noting that the pollen count is high at the moment, so if your child suffers from hay fever please ensure they have some medication before school to help combat the symptoms.

Regards,

Mark Whyman

