



HEATH FIELDS PRIMARY SCHOOL

Inspire Achieve Celebrate

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Online Safety Day

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Dear Parents and Carers,

In school today, we have been taking part in activities related to this year's Safer Internet Day. This year, the national themes of Safer Internet Day have been 'Free to be me: our online identity' and 'Working Together for a Better Internet'. As such, we have been considering what we can do to help make the internet a kinder place; what online identity is and what types of information are ok to share on the internet. Perhaps you could carry on these discussions at home? For instance, you could talk to your child about what actions they could take to make the internet a kinder place? For inspiration, you can see videos from young people about what they promise to do on Safer Internet Day on the Safer Internet Day website.

Often we hear about the negative impact that the internet and new technology has on young people, but on Safer Internet Day we want to celebrate the positives and to explore what we can all do to make sure that all young people have a positive time online. Parents and carers can play a crucial role in supporting children to navigate the risks and make the most of the opportunities offered by technology. The most important thing you can do is to have a conversation and stay engaged with your children's digital lives.

If you'd like more information, the Safer Internet website has lots of factsheets, information and advice for parents in keeping children safe online- the web site is www.saferinternet.org.uk/parents.

Mrs F. Paterson

