



HEATH FIELDS PRIMARY SCHOOL

Inspire Achieve Celebrate

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Headteacher Mr Mark Whyman

12th September 2017

Dear Parents

Year 2 will be taking part in the 'Daily Mile' programme. This is an outdoor initiative to help engage young children in a more active and healthy lifestyle by encouraging primary school children to walk, jog or run a mile each day in school for five days per week.

As a school we pride ourselves on being able to offer young children many opportunities to engage in more active and healthy lives, therefore we have decided that Year 2 children will be participating in this initiative as of Thursday this week. Last year, a Year 4 class took part in the initiative and the children and adults taking part agreed that it was a success.

The activity will be each morning at 9am following registration. Please can we ask that your child has a pair of outdoor shoes and a bottle of water in school each day.

Please do not hesitate to contact us if you have any questions regarding this initiative.

Yours sincerely

Mrs Heathcote and Mrs Palmer

