



HEATH FIELDS PRIMARY SCHOOL

Inspire Achieve Celebrate

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Headteacher Mr Mark Whyman

4th March 2019

Dear Parents

Year 2 and Year 3 will be taking part in the 'Daily Mile' programme. This is an outdoor initiative to help engage young children in a more active and healthy lifestyle by encouraging primary school children to walk, jog or run a mile each day in school for five days per week.

As a school we pride ourselves on being able to offer young children many opportunities to engage in more active and healthy lives, therefore we have decided that Year 2 and Year 3 children will be participating in this initiative.

The activity will be each morning at 9am following registration, starting on Monday 11th March. Please can we ask that your child has a pair of outdoor shoes and a bottle of water in school each day.

Please do not hesitate to contact us if you have any questions regarding this initiative.

Yours sincerely

Mrs Heathcote, Miss Norchi and Miss McBride

